

Simple HOMEMADE CLEANERS

Glass Cleaner

- 1 Large Spray Bottle
- 1 ½ Cups Water
- ¾ Cup Vodka
- ¾ Cup Distilled White Vinegar
- 15 Drops of essential oil

Combine directly in labeled spray bottle.
Shake well before each use.

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Carpet Deodorizer

- 1 empty Parmesan cheese container
- 25-35 drops of essential oil
- Baking Soda (enough to fill the shaker)

Mix baking soda and essential oil(s) together in a medium bowl. Mix well. Transfer to the labeled shaker container. Sprinkle onto carpet and let stand up to 60 minutes then vacuum up as normal.

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Room and Fabric Spray

- 1 Fine mist spray bottle
- 1/2 Cup Vodka
- 1 Cup Water
- 20 drops Essential Oil(s)

Combine in the spray bottle, label and shake well before use.

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Disinfecting Spray

- 1 Spray Bottle
- 2 Cups Rubbing Alcohol
- 10 drops clove essential oil
- 10 drops lemon essential oil
- 7 drops cinnamon bark essential oil
- 5 drops rosemary essential oil
- 5 drops lavender essential oil
- 5 drops eucalyptus essential oil or fir needle essential oil

Combine directly in the spray bottle, label and shake well before each use. For surfaces such as remote controls and game controller, spray a clean, soft cloth and wipe down. Do not soak the cloth. ***Do not use this on baby toys or objects that could go in the mouth. Not recommended for use with children under the age of two.**

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Simple HOMEMADE CLEANERS

All Purpose Spray

- 1 Large Spray Bottle
- 2 1/2 Cups Water
- 1 1/2 Cups Distilled White Vinegar
- 30 Drops of essential oil of choice

Combine directly in labeled spray bottle.
Shake well before each use.

Consider safety when selecting your oil.

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Every Day Shower Spray

- 1 Large Spray Bottle
- 4 oz Natural Cleaner (Dr. Bonner's, castile soap)
- 16 oz Vodka or Rubbing Alcohol
- Water, enough to make a gallon

Gently mix ingredients in a bucket. Pour into a spray bottle and spray shower after each use. store remaining mixture in air-tight glass jar.

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Softly Scrub It Cleanser

- 1 glass jar or squeeze bottle (old salad dressing bottle)
- 3/4 Cup Baking Soda
- 3-4 TBSP Casile Soap (enough to form paste)
- 10 drops Essential Oil(s)

Combine baking soda & soap to form a paste. Add oils. Add water to thin if necessary. Add to jar or bottle.

Consider safety when selecting your oil.

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Kid-Safe Germ Buster

- 2-oz Spray Bottle
- 2 Tsp Sweet Almond Oil (or other carrier oil of choice)
- Witch Hazel to fill bottle (water can be substituted)
- 7 drops tea tree essential oil
- 5 drops sweet orange, tangerine or lemon essential oil
- 4 drops atlas cedarwood or Bulgarian lavender

Combine directly in the spray bottle, label and shake well before each use. Spray on hands to sanitize as needed.

This blend is safe for children, pets, and pregnant women. (adapted from Using Essential Oils Safely (usingeossafely.com))

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